

# My Brushing Chart

BRUSH twice a day, RINSE once a day, and keep track of your progress with this chart!



Day 1

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 2

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 3

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 4

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 5

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 10

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 9

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 8

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 7

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 6

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 11

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 12

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 13

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 14

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 15

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 16

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 22

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 21

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 20

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 19

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 18

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 17

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 23

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 24

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 25

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 26

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 27

A circular icon containing a sun, a crescent moon, and a toothbrush.

Day 28

A circular icon containing a sun, a crescent moon, and a toothbrush.

name: \_\_\_\_\_

